

## YOUR LECTURER:

Clive Lindley-Jones B.Ed (Hons) D.O. D.I.B.A.K. is a registered osteopath, a qualified teacher and as well as being a long standing teaching Diplome of the International Board of Applied Kinesiology, holds diplomas in Psychotherapy, Coaching and Neuro Linguistic Programming. He has been teaching for more than 30 years in both Europe and Japan. For over 10 years he was on the faculty of the European School of Osteopathy where, amongst other things, he taught Functional Anatomy and Palpation into which he was instrumental in introducing advanced muscle testing. Active in I.C.A.K. for over 20 years, he has taught both the basic I.C.A.K. course as well as advanced courses in the U.K., Belgium, Holland and Germany. He is the author of a number of papers on AK and orthopaedic problems published in the AK literature as well as being trainer for the Sunflower Trust using AK & NLP to help children with learning difficulties.



## What others have said about this course:

"A very popular AK course - a clear and extremely comprehensive set of notes together with plenty of time for practical application... a highly recommended course."

*David H Gutteridge D.O.*

"I enjoyed this weekend thoroughly! Information very reliable and succinct...Distinguish muscle testing better to explain syndromes, good quality muscle testing! This course explains the syndromes better i.e. femoral nerve entrapment I particularly appreciated those few nuggets of clinical experience that saves me from experimenting".

*Daniel Cheung, BSc, DC*

"A lot of positive stimulation... easily translatable to my practice". *Dr Schuleri G.P.*

"Good opportunity to revise and rekindle knowledge by Experiencing a different approach to common problems. Good value for people wanting to utilize AK more fully". *John Stevens, DO*

"Motivational and well-structured course, mixing humour with professionalism. Fantastic revision, good theory; highly practical and able to be implemented immediately. Good humour, fantastic knowledge based". *Tim Chapman, BSc. Ost.*

"Outstanding presentation of anatomy and Neurology". *Dr. Leon - Gynaecologist*

"Specialist courses such as this one help bring all the wealth of information & materials in AK together...Clive puts the material together & teaches it in an easy to understand way so that it can be used back in the consulting room on Monday morning..". *R Michael Basset D.C.*

"It helped me make sense of the vast info I received from the 100 hour course!" *Niklas Fougner, DC*

"Horizon expanding: a very refreshing course for the practice". *Dr Goldman G.P.*

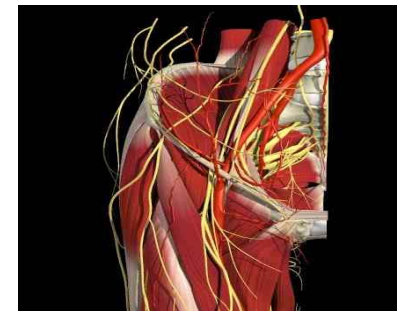
"Very relevant on a practical level ... glad that I did it". *Dr. Lieble. Pain specialist*

"The most student friendly course I have attended". *P. Waite D.C. M.C.S.P.*

## C. L-J Seminars

# Applied Kinesiology & Nerve Entrapment: How to unscramble Hidden Problems with AK

An ICAK accredited, advanced course



"An excellent integration of a great deal of work in the AK field... Thoroughly recommended... Everyone who is serious about using AK in their practice should do this course. I wouldn't mind doing it a third time!"

*Anne Mamok, DO*

With Clive Lindley-Jones  
B.Ed. (Hons), D.O., D.I.B.A.K.



If you want to master some of the best A.K. approaches to uncover common hidden patterns of dysfunction as well as diagnose and treat difficult, though frequently present, nerve entrapment problems, *this* is the seminar for you.

### **THE COURSE:**

This practical, advanced AK seminar, which has recently been fully revised, reformatted and updated, is a must for any practitioner wishing to deepen their ability to find and treat both common nerve entrapment problems in the upper and lower extremity and find other hidden deficits relating to muscle, ligament and other dysfunction. This course offers you some of the best tools, for finding **hidden** problems that can regularly confound the AK practitioner without such understanding. As the late George Goodheart said, "You can't recognize what you do not know" and "You don't know what you don't know until you know what you didn't know."

This course will help you uncover problems that are only revealed through dynamic examination.

One of the most useful AK insights we will explore in detail is the **cascade of partially hidden muscle weakness** from causes such as reactive muscles, through strain counter-strain to fascial and gait problems, which will uncover many, previously hidden, patterns of dysfunction.

Once we have mastered these, we will go on to see how this knowledge can be vital in uncovering various nerve entrapment syndromes throughout the body. These will be explored in detail, step-by-step with easy to follow flow diagrams for use in the practice on Monday morning when you are under pressure to remember all the details, thus enabling you to more

easily uncover numerous difficult problems with confidence.

You will learn to put any patient through a detailed systematic screen to find what is - initially - hidden from view.

***N.B. This is an advanced course; a facility in basic AK will be assumed.***

***Money Back guarantee:*** *If after the first morning of this course you are not completely satisfied that you are going to learn an immense amount of practical, high quality, usable, AK to help you and your patients, simply hand in your 200 pages of notes and flow-diagrams and your money will be fully refunded.*

N.B. This course can be tailored, on request, to run over two separate weekends *or* as an *intensive* three day course.

To register an interest to attend the next UK course or to arrange for the course to be run in your own country please contact:

Course Organizer  
Helix House Natural Health Centre  
15 Warwick Street,  
Oxford OX4 1SZ  
UK  
+44 1865 243351  
[info@helixhouse.co.uk](mailto:info@helixhouse.co.uk)

**Just *some* of the things you will learn to diagnose and treat are:**

### **GENERAL**

\* Systematic ways of using accurate, advanced muscle testing to gain a detailed analysis of any area of dysfunction going *beyond what shows in the clear.*

\* Understanding how to use AK in evaluating Peripheral Nerve Entrapments that are more common than you thought.

\* Uncovering the commonly present but often hidden *cascade of partially hidden muscle weakness* from reactive muscles, through strain-counter-strain to fascial and gait problems.

\* How to put all these tools together in the practice in an easy to a manage manner - and what to do when you are stuck!

### **UPPER EXTREMITY**

\* How to uncover and treat the Five Nerve Entrapments of the shoulder and neck area.

\* Dealing with the Acromio-clavicular Joint.

\* The Slipped Bicipital Tendon of the Long Head of the Biceps.

\* Six problems of Nerve entrapment in the Elbow.

\* Carpal Tunnel Syndrome

\* Quality muscle testing in the hand and how to act on the results.

### **THE LOWER EXTREMITY**

\* The Four Nerve Entrapments of the Pelvis.

\* Meralgia Paraesthetica & other tough challenges of the pelvis

\* Commonly missed dynamic factors that can contribute to knee dysfunction

\* The two major nerve Entrapments of the knee

\* Three Nerve Entrapments of the Foot.

\* Patterns of pain associated with Foot Pronation.